

PARENT INVOLVEMENT SHEET

THEME / PROGRAMME ORGANISER

**My Family, Safety, Emotions, Animals,
Healthy Living**

WEEK(S)

Apr, May, Jun 2022

The parental guide to re-inforce what your child is being taught at school.

Themes - Term 1



**My Family
Safety
Emotions
Animals
Healthy Living**

"Time is a created thing. To say, I don't have time is to say, I don't want to"



Do Everything in the name of Allah

**Basmallah
Bismillahir Ragmaanir Rageem**

In the name of Allah, the Most Gracious, the Most Merciful

Basic Greeting

It is very important to greet when entering a gathering or when meeting someone. The longer our greeting is, the more rewards we get, "Algamdullilaah"

Assa Lamu Alaykum

Gets you 10 rewards!

Hadeeth

Sammil laaha wa koel bieyamieniekah

Take the name of Allah, before you eat and eat with your right hand.

Surah Faatigah

Bismillahir Ragmaanir Rageem
Alhamdu liellaahie rabbiel aalameen.
Arrag maanier rageem.
Maalieki yowmieddeen .lyyaaka na'budu wa iyyaka nastaeen
Ihdinas siraa tal mustaqeem.
Siraatal latheena an amta alayhim.
Ghyriel magh dubi alayhim wa ladaaaleen, Ameen

In the name of Allah, the Most Gracious, the Most Merciful.
All praise is due to Allah, Lord of the worlds
The Most Gracious, the Most Merciful.
Master of the Day of Judgement.

Thee alone do we worship, and Thee alone do we ask for help.
Guide us on the straight path, the path of those who Thou has favoured.
Not the path of those who earned Thy anger, nor of those who have gone astray.
Ameen

Duah before we eat

Biesmiellah-hie wa allaah Baraka tiellaahie

We eat in the name of Allah and with the blessings of Allah, we must not talk and eat we must respect Allah's food, Bismillah, Ameen

Duah before we sleep

Allahuma biesmika amootu wa agyaa

Oh Allah, with your name do I die, and live.

Duah when entering the toilet

Allahuma inee a'oothoe bika mienal guboethie wal gabaa iethie mienish shaytaan nier rajiem

Oh Allah, protect me from the male and the female Shaytaan, Ameen
(We enter the toilet with our left foot)

THEMES TERM 2

My Family (5 – 14 April)

My Family



Discussion Points

Who is in your family?
Oldest, youngest in the family?
Extended family members.
What is a family tree?

Safety (19 – 29 April)

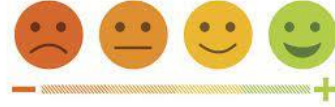
Discussion Points



Discussion Points

We learn about being safe and around our home.
We learn about safety in our environment.
We learn about safety at school.
We learn about bullying.
We learn about Stranger Danger.

Emotions (3 - 6 May)



Discussion Points

Emotions is what we feel.
We speak about emotions, happy, sad, surprised, scared etc.
We speak about what causes the different emotions we feel

Animals (9 – 27 May)



Discussion Points

We speak about all the animals in the universe, e.g. pets, wild animals, farm animals, animals in the ocean, insects.
We elaborate on the different kinds of pets; cats, dogs, budgies gold fish.
We share what animals eat and drink
We share where and when animals sleep

Healthy Living (29 May – 10 June)



Discussion Points

Explain what healthy living encompasses.
E.g. eating healthy foods, sleep/rest, feeling emotionally good, exercising and sport
What foods and drinks are healthy? Point out what is not healthy.
Share examples of sports we find and examples of exercises we can do such as walking and running.
Explain the importance of sleep, e.g. allows our cells to grow while we sleep, so that we can grow etc.



Cognitive
Development

Mathematics

- Oral counting 1 – 20
- Learning numbers and number concepts 4 and 5
- Learning to sequence numbers 1 – 5
- Counting objects 1 – 7
- Learning about South African coins
- Direction: Forwards and Backwards
- Position: next to, between, in front of , behind, on top
- Measuring and length e.g.: long, longer, longest; short, shorter , shortest
- Patterns: Copy and extend simple patters
- Creating and exploring patterns



Language

- Sounds to be revised: **s, c, p**
- Term 2 sounds to be introduced: **r, b, m**



- Read the following stories for your child (Stories are all on YouTube)
 - The green dress
 - Ali and the paint
 - Spot goes to the shop

Eating

Allow your little ones to eat on their own. There are many benefits to this for their fine motor and life skills development



Fine Motor Development

- Let you child crumple old papers, newspapers or magazine papers.
- Play Patty cake with your child



Gross Motor Development

- Do at least 10 star jumps and a few wheelbarrow rounds with your child per day.



The Vegetable Song

(To the tune of Twinkle Twinkle Little Star)

Carrots, peas and broccoli
Vegetables are good for me
For my snack and in my lunch
Veggies sticks are great too much
Carrots, peas and broccoli
Vegetables are good for me!



Arkaans of Imaan Qasidah

Amantubillahi (We believe in Allah)
Wa Malaiekatih (We believe in the Angels)
Wa Koetoebihi (We believe in the Holy Books)
Wa Rosoolihi (We believe in the messengers)
Wal Youmiel Aagierhi (We believe in the last day)
Wal Qadri Ghayrihi, Wa Sharrihi Mienallaah
(Good and Evil are both from Allah)
Wa ba'adu Ba'adil Mout
(We believe in the day of resurrection)
Laa ilaah ha illalaah X 3



"There is no gift a parent can give his/her child that is better than good manners" – Prophet Muhammad (SAW)